

Circle Christian School 2009 - 2010



Student / Parent Athletic Handbook (Full Version)

Circle Christian School. 4644 Adanson St., Orlando, FL, 32804
Office: 407.740.8877; Fax: 407.740.8580

Welcome from Circle Christian School's Athletic Team

May 31, 2009

Dear Athletes and Parents,

We are so excited about your interest in Circle athletics. We hope you will choose to become part of our athletic family that so many people have enjoyed for over twenty years.

We believe Circle Christian School is a world-class organization of families with high expectations in Christian living, education, and every aspect of life. It is our goal to exceed your expectations with the quality of our athletic team and athletic programs.

The purpose of this handbook is to provide helpful information, including the privileges and responsibilities of participating in Circle athletics. The most current athletic information and announcements are posted in the Weekly CCS News for you.

We partner with several schools and churches across Central Florida to provide you a quality athletic experience, since we do not yet own an athletic facility. Our situation is unique and even challenging at times, so we value your support, encouragement, and prayers. We appreciate your understanding and patience when it comes to last minute changes in scheduling and facility use that may arise. We also appreciate your participation, prayer, and/or contributions to the Circle Booster Club, as it supports Athletics and the Arts at Circle. Our athletes will be involved in fundraisers that help make opportunities available. This allows us to limit your costs in each program, making it affordable. We strive to be good stewards of the resources God has given us.

On the next page, we have listed your main athletic team contacts. All questions pertaining to student eligibility and athletic department policy should be brought to the attention of an athletic director. Questions regarding a specific sport or team should be directed to the head coach or the team manager of that sport. Your constructive feedback is always welcome. In fact, when you participate in Circle's athletic programs, we purposefully survey your feedback in order to make improvements for future programs. It is our goal to be a 'light' for athletics in Florida.

We hope you find this handbook a helpful resource throughout the school year. We look forward to helping your family develop God-given talents and experience many teachable moments through athletics that will leave a lasting impression on future generations.

Sincerely,

Lisa Tipton
CCS Athletic Director

Timothy Werner
CCS MS Athletic Director

Lis Graeser
CCS Asst. Athletic Director

Circle Christian School's Athletic Team Contact List

Athletic Staff	Position	E-mail	Phone
Debbie Goldbarth	Athletic HR	dgoldbarth@yahoo.com	407.353.0851
Elisabeth Graeser	Assistant AD	elisabethg@circleschool.org	407.740.8877
Lisa Tipton	Athletic Dir.	lisat@circlechristianschool.org	407.967.2486
Tim Werner	MS AD	timw@circlechristianschool.org	407.740.8877

Coaches	Circle Sport	E-mail
Brent Brooks	Girls Golf	bbrooks@zoll.com
Cathy Godlewski	MS Tennis (Boys/Girls) - Spring	Cathyg777@aol.com
Debby Henry	MS Track & Field – Spring	Debby4@cfl.rr.com
Doug Beattie	Boys' Varsity Basketball - Winter	Dbeattie21@mac.com
Eric Gassman	Girls' MS Basketball – Winter	edgassman@yahoo.com
James Freer	Boys/Girls MS Soccer	kfreer@gmail.com
Jeff Shuck	Girls' Varsity Soccer - Winter	ccs.soccercoach@gmail.com
John Lauretta	Boys' Varsity Soccer - Winter	centurionsoccer@earthlink.net
Kerri Attaway	Girls' MS Basketball – Winter	klattaway@yahoo.com
Kerry Mason	Girls' JV Volleyball - Fall	KerryCMason@gmail.com
Lindsay Bahr	Swimming (Boys/Girls) – Fall	Surfnswim18@yahoo.com
Mark Caulfield	Cross Country (Boys/Girls) – Fall Boys' JV Basketball – Winter Track & Field (Boys/Girls) – Spring	markscaul@aol.com
Mark Lolar	MS Boys' 7-8 th Gr. Basketball - - Winter	marklolar@bellsouth.net
Michael Caulfield	Boys' Varsity Basketball Assistant	mcaul55@ufl.edu
Mike Howell	Bowling (Boys/Girls) – Fall	chiefmhowell@earthlink.net
Paul Fitzpatrick	Boys'/Girls XC-Track Assistant	pfitzpatrickbsw@yahoo.com
Rachel Farrell	Girls' MS Volleyball (Grades 4-8) – Fall	Rachelfarrello9@gmail.com
Scott Richardson	Golf (Boys/Girls) - Fall	circlegolf@yahoo.com
Sean Richardson	JV Golf (Boys/Girls) – Fall	whole_in_one32@yahoo.com
Shannon Farino	Girls' Varsity Volleyball – Fall	shannonfarino@yahoo.com
Tim Werner	MS Boys 5-6 th Gr. Basketball	TimW@circlechristianschool.org
Tom Albers	Girls' Varsity Basketball - Winter	tgalbersjr@earthlink.net
Tony Domenech	Varsity Tennis (Boys/Girls) – Spring	wdomenech5@yahoo.com

Student / Parent Athletic Handbook

Table of Contents

History, Purpose, & Goals of Circle Athletics	Page 1
Student Eligibility for Participation (CCS & FHSAA Guidelines)	Page 2
Circle Athletics ‘At-a-Glance’	Page 3
Athletic Opportunities: HS & MS Sports (Listed by Season)	Page 4
Off-Season Conditioning & Camp Opportunities	Page 10
Athletic Facility Information (Practice & Game Locations)	Page 11
Athletic Awards & Recognition	Page 12
Fundraisers and Centurion Booster Club	Page 13
Athletic Wish List and Website Information	Page 14
FHSAA Rules, Dress Code, and Participant Responsibilities	Page 15
Behavior and Discipline Policies	Page 18
Frequently Asked Questions (FAQ)	Page 19
Athlete/Parent Athletic Handbook Agreement Checklist	Page 20

<p><u>Required Forms (Please sign & return to Circle Athletic Office.)</u></p> <ul style="list-style-type: none"> • Athlete/Parent Athletic Handbook Agreement Checklist • FHSAA Consent & Release from Liability Certificate • FHSAA Pre-participation Physical Evaluation • Emergency Medical Authorization/Liability Release Form (2 Forms) • CCS Liability Form • FHSAA Affidavit of Compliance with Policy on Athletic Recruiting This document is for <u>newly enrolled HS students only</u>. <p><u>Optional Form</u></p> <ul style="list-style-type: none"> • Credit Card Auto Deduction Form (Sports Fees) <p>All of these forms need to be submitted to the CCS Athletic Office with your Sports Fee (3 payments, if needed). Team Managers may collect paperwork and turn it into the Circle Athletic office for you, if you choose.</p>	INSERTS
---	----------------

Circle Christian School Centurions

Almost twenty years ago a Circle dad had a dream. His desire was for his son to play competitive middle school basketball. The problem was that his son was enrolled in Circle and there was no outlet for athletic involvement. Circle Athletics began when he and several other dads started the first middle school basketball team. Today, at the Varsity and Junior levels, Circle has over 15 boys' and girls' teams with over 150 athletes participating, thus fulfilling the dream of providing home schooled students the opportunity to play competitive athletics.

Purpose of Athletics at Circle

The purpose of athletics at Circle is to provide a context for students to use their God-given talent in the forum of physical competition. While athletics chiefly cultivate the physical element, they also produce excellent opportunity and “teachable moments” to build the mental, social, and spiritual areas. The intent is to use athletics to bring a well-rounded “Luke 2:52” experience to the student who participates. “And Jesus grew in wisdom and stature, and in favor with God and men.”

Guiding Principles for Athletics

Circle Christian School's athletic program strives to develop in each participant an appreciation for body and soul. It is our belief that our program promotes the union of these two elements while giving athletes an appreciation of their individual talents and teaching them the value of teamwork, competition, and good character.

To accomplish this goal, the athletic program strives to fulfill these objectives:

- Develop a commitment to a team
- Teach the importance of nutrition and physical conditioning
- Teach skills that develop individual talent to its fullest potential
- Promote respect for coaches, officials, competitors, and self
- Develop responsibility and accountability for one's own actions
- Promote honesty, integrity, sportsmanship, and fair play
- Encourage humility in defeat and graciousness in victory
- Develop the courage to try
- Develop emotional control and concentration
- Teach rules, strategies, and appreciation of various sports
- Help students enjoy athletics

Goals of the Athletic Department

1. To provide a program where students can develop physically, spiritually, intellectually, and socially.
2. To provide an enjoyable, positive, high quality athletic experience for the participants.
3. To provide an environment that cultivates a desire for continued improvement and success.

Student Eligibility (According to the FHSAA)

Circle Christian School is a member of the Florida High School Activities Association which is the governing body for high school athletics. Questions pertaining to FHSAA rules and regulations should be directed to the Athletic Director.

A. Academic Eligibility

To remain academically eligible for participation in athletics or other extra-curricular activities, students must meet the following criteria:

1. Maintain a minimum cumulative C- average for all course work.
2. Have (at a minimum) a C- average each semester; no more than two semester grades below C- and no F's.
3. Have (at a minimum) a C- average at the end of each school year; no more than two year-end grades below C- and no F's.

Students who do not meet the above criteria at the conclusion of each semester will be restricted from participating in athletics or other extra-curricular activities during the subsequent semester.

Students on academic probation may be restricted from participating in athletics or other extra-curricular activities, at the discretion of the academic review committee. Please note: Circle does not allow students to miss scheduled classes for athletic practices. In the event of athletic contests conflicting with Circle classes, the student will need to make advance arrangements with the teacher to either attend another class or make-up the required assignments and/or obtain the lecture notes.

B. Limit of Eligibility

1. Each student shall have four consecutive years of eligibility beginning when they first enter 9th grade.
2. Four years from the date he/she entered 9th grade, he/she becomes ineligible for all interscholastic sports.
3. Middle School students may participate in interscholastic athletics one year as eighth graders, one year as seventh graders, and one year as sixth graders. MS students repeating any grade may not participate in interscholastic athletics during their second year in grades 6, 7 or 8.
4. A student must be less than 19 years, 9 months of age to participate in high school athletics.

C. Required Forms

The following forms must be turned in to the athletic office prior to the beginning of the first practice.

1. FHSAA Pre-participation Physical Evaluation Form

All students are required to have an annual physical examination by a physician. This physical must be given after May 15 of the previous school year. Only the FHSAA's form can be accepted.

2. FHSAA Parent / Student Consent & Release from Liability Form

Both the student and parent are required to sign this form in order for the student to participate in athletics. Parents must complete the medical insurance policy information on this form.

3. Emergency Medical Authorization / Liability Release Form

This triplicate form shall be completed for each year of enrollment at Circle. Any change of information on this form will be the responsibility of the parent. This 2 page form requires a notary and may be obtained from Lis Graeser in the Athletic office. A copy will be retained by the coach on site at events.

4. FHSAA Affidavit of Compliance with Policy on Athletic Recruiting (NEW)

This form shall be completed for NEW HS STUDENTS enrollment at Circle in grades 9-12. Any change of information on this form will be the responsibility of the parent.

CIRCLE Athletics At-A-Glance for 2009 – 2010

Athletic Teams, Start Dates, and Fees

BOYS TEAMS	GRADES	SEASON	COST	PRACTICES BEGIN
Basketball, Varsity	9 - 12	Winter	\$500	November 2
Basketball, JV	8 - 12	Winter	\$ 400	November 2
Basketball, MS	7 - 8	Winter	\$ 225	November 2
Basketball, Elementary	5 - 6	Winter	\$225	TBD
Bowling, Varsity	7 - 12	Fall	\$ 175	August 17
Golf, Varsity	6 - 12	Fall	\$ 300	August 10
Soccer, Varsity	9 - 12	Winter	\$ 350	October 19

GIRLS TEAMS	GRADES	SEASON	COST	PRACTICES BEGIN
Basketball Varsity	8 - 12	Winter	\$ 500	October 26
Basketball, MS	5 - 8	Winter	\$ 225	TBD
Golf, Varsity	6 - 12	Fall	\$ 300	August 10
Soccer, Varsity	8 - 12	Winter	\$ 350	October 12
Volleyball, Varsity	9 - 12	Fall	\$ 400	August 10
Volleyball, JV	9 - 12	Fall	\$ 350	August 10
Volleyball, MS	4 - 8	Fall	\$ 225	August 17

BOYS/GIRLS TEAMS	GRADES	SEASON	COST	PRACTICES BEGIN
Cross Country, Varsity	6 - 12	Fall	\$ 175	August 17
Soccer, MS	6 - 8	Fall	\$ 175	August 10
Swimming, Varsity	6 - 12	Fall	\$ 150	August 10
Tennis, Varsity	9 - 12	Spring	\$ 275	February 1
Tennis, MS	6 - 8	Spring	\$ 150	February 1
Track & Field, Varsity	9 - 12	Spring	\$ 200	January 25
Track & Field, MS	6 - 8	Spring	\$ 150	January 25

BOYS/GIRLS TEAMS above means the athletes have the same coach, practices are held together, yet the athletes compete separately, whereas if BOYS TEAMS and GIRLS TEAMS are listed separately, everything is separate.

Athletic Opportunities



Fall Varsity Sports

Boys' Bowling

Coach:	Michael Howell	email: chiefmhowell@earthlink.net
Eligible students:	Boys / Girls 7-12th Grade	
First tryouts/practice:	August 17, 2009	
Practice location:	Colonial Lanes	
Practice days:	M, T, Th, and F until matches start	
First Regular season playing date:	August 31, 2009	
District tournament:	November 2, 2009	
FHSAA finals:	November 10, 2009	
Home matches held:	Colonial Lanes	
Number of Contests:	15 matches	

Cross Country (Boys & Girls)

Coach:	Mark Caulfield	email: markscaul@aol.com
Asst. Coach	Paul Fitzpatrick	email: pfitzpatrickbsw@yahoo.com
Eligible students:	Boys / Girls 6-12th Grade	
First tryouts/practice:	August 17, 2009	
Practice locations:	Locations vary (Blue Jacket Park, Sanlando Park, Edgewater HS)	
Practice days:	M, T, Th, and F	
First Regular season playing date:	September 14, 2009	
District Meet:	November 2-7, 2009	
Regional Meet:	November 13-14, 2009	
FHSAA State Meet:	November 21, 2009	
Number of Contests:	10 Meets	

Girls' Varsity Volleyball

Coach:	Shannon Farino	email: shannonfarino@yahoo.com
Eligible students:	Girls 9-12th grade who make the varsity team	
First tryouts/practice:	August 10, 2009	
Practice locations:	Willow Creek Church and Killarney Baptist Church	
Practice days:	M, T, Th, and F until matches start	
First Regular season playing date:	August 31, 2009	
District tournament:	October 10-26, 2009	
Regional tournament:	November 4-5 & November 11-14, 2009	
FHSAA finals:	November 18-21, 2009	
Number of Contests:	20-25 matches	

Girls' Junior Varsity Volleyball

Coach:	Kerry Mason	email: KerryCMason@gmail.com
Eligible students:	Girls 9-12th grade	
First tryouts/practice:	August 10, 2009	
Practices and Games locations:	Willow Creek Church and Killarney Baptist Church	
Practice days:	M, T, Th, and F until games start	
First Regular season playing date:	August 31, 2009	
Number or Contests:	15 matches	

Boys' Varsity Golf

Coach: Scott Richardson email: circlegolf@yahoo.com
JV : Sean Richardson email: whole_inone32@yahoo.com
Eligible students: Boys 6-12th grade who make the varsity team
First tryouts/practice: August 10, 2009
Practice location: Lake Orlando Golf Course
Practice days: M, T, Th, F until matches start
First Regular season playing date: August 31, 2009
District tournament: October 19-20, 2009
Regional tournament: October 26-27, 2009
FHSAA finals: November 3-4, 2009
Number of Contests: 12 matches

Girls' Varsity Golf

Coach: Brent Brooks email: bbrooks@zoll.com
Eligible students: Girls 6-12th grade who make the varsity team
First tryouts/practice: August 10, 2009
Practice location: Lake Orlando Golf Course
Practice days: M, T, Th, F until matches start
First Regular season playing date: August 31, 2009
District tournament: October 19-20, 2009
Regional tournament: October 26-27, 2009
FHSAA finals: November 3-4, 2009
Number of Contests: 12 matches

Swimming (Boys/Girls)

Coach: Lindsey Bahr email: surfnswim18@yahoo.com
Eligible students: Boys and Girls 6-12th grade who make the varsity team
First tryouts/practice: August 10, 2009
Practice locations: RDV Sportsplex in Maitland
Practice days: TBD
First Regular season playing date: September 1, 2009
District tournament: October 27- November 1, 2009
Regional tournament: November 6-8, 2009
FHSAA finals: November 13-15, 2009
Number of Contests: 8-10 meets

Winter Varsity Sports

Boys' Varsity Basketball

Coach: Doug Beattie email: dbeattie21@mac.com
 Michael Caulfield email: mcaul55@ufl.edu
 Eligible students: Boys 9-12th grade who make the varsity team
 First tryouts/practice: November 2, 2009
 Practices and Games locations: Willow Creek Church, Lee MS, Killarney Baptist Church
 Practice days: M, T, Th, F, and Sat until matches start
 First Regular season playing date: November 23, 2009
 District tournament: February 8-13, 2010
 Regional tournament: February 18, 23, 27, 2010
 FHSAA finals: March 3-6, 2010
 Number of Contests: 25

Boys' Junior Varsity Basketball

Coach: Mark Caulfield email: markscaul@aol.com
 Eligible students: Boys 8-12th grade
 First tryouts/practice: November 2, 2009
 Practice locations: Willow Creek Church, Lee MS, Killarney Baptist Church
 Practice days: M, T, Th, F, and Sat until games start
 First Regular season playing date: November 23, 2009
 Number of Contests: 15

Boys' Varsity Soccer

Coach: John Laurretta email: centurionsoccer@earthlink.net
 Eligible students: Boys 9-12th grade who make the varsity team
 First tryouts/practice: October 12, 2009
 Practice locations: TBD
 Practice days: M, T, Th, and F until games start
 First Regular season playing date: November 10, 2009
 District tournament: January 25-29, 2010
 Regional tournament: February 4, 9, 12, 2010
 FHSAA finals: February 17-20, 2010
 Number of Contests: 20

Girls' Varsity Basketball

Coach: Tom Albers email: tgalbersjr@earthlink.net
 Eligible students: Girls 7-12th grade who make the varsity team.
 First tryouts/practice: October 26, 2009
 Practices and Games locations: Willow Creek Church & Killarney Baptist Church
 Practice days: M, T, Th, F, and Sat until games start
 First Regular season playing date: November 16, 2009
 District tournament: February 1-6, 2010
 Regional tournament: February 11, 16, 20, 2010
 FHSAA finals: February 24-27, 2010
 Number of Contests: 25

Girls' Varsity Soccer

Coach:	Jeff Shuck	email: ccs.soccercoach@gmail.com
Eligible students:	Girls 8-12th grade who make the varsity team	
First tryouts/practice:	October 12, 2009	
Practices and games held:	Airport Lakes Soccer Fields	
Practice days:	M, T, Th, F, and Sat until games start	
First Regular season playing date:	November 2, 2009	
District tournament:	January 18-22, 2010	
Regional tournament:	January 28, 2010, February 2-5, 2010	
FHSAA finals:	February 10-13, 2010	
Number of Contests:	20	



Spring Varsity Sports

Tennis (Boys/Girls)

Coach:	Tony Domenech	email: wdomenech5@yahoo.com
Eligible students:	Boys and girls 6-12th grade who make the varsity team	
First tryouts/practice:	February 1, 2010	
Practice location:	Ft. Gatlin or Sanlando	
Practice days:	M, T, Th, and F until matches start	
First Regular season playing date:	February 15, 2010	
District tournament:	April 19-21, 2010	
Regional tournament:	April 23, 2010	
FHSAA finals:	April 26- May 1, 2010	
Matches held:	Sanlando Tennis Courts	
Number of Contests:	15	

Track and Field (Boys/Girls)

Coach:	Mark Caulfield	email: markscaul@aol.com
	Paul Fitzpatrick	email: pfitzpartickbsw@yahoo.com
Eligible students:	Boys and girls 6-12th	
First tryouts/practice:	January 25, 2010	
Practice location:	Showalter Field (WP HS Track)	
Practice days:	M, T, W, Th, and F until meets start	
First Regular season playing date:	February 22, 2010	
District tournament:	April 12-17, 2010	
Regional tournament:	April 21-23, 2010	
FHSAA finals:	April 30-May 1, 2010	
Number of Contests:	10	



Fall MS Sports

Girls' Volleyball (Grades 4-5, 7-8)

Coach: Rachel Farrell
Open Gyms: April- May 2010
Season: August – October 2009
First practice/tryouts: August 17, 2009
Practice location: Willow Creek Church
Practice days: Monday and Thursday
First Regular season playing date: TBD by league
Number of Contests: 8-10

email: rachelfarrello9@gmail.com

Boys' /Girls' Soccer (Grades 6-8)

Coach: James Freer
Season: August- October
First practice: TBD
Practice location: Metro Life Church
Practice days: TBD; twice/ week until season begins
First Regular season playing date: TBD
Number of Contests: TBD by league

email: kfreer@gmail.com



Winter MS Sports

Boys' Basketball (Grades 5-6; 7-8th)

Coach: Mark Lolar 7-8;
Coach 5-6th Tim Werner
Season: November – January; open gyms Oct – Nov
First practice: TBD
Practice location: Killarney B aptist Church or Willow Creek Church
Practice days: TBD
First Regular season playing date: TBD by league
Number of Contests: TBD by league

email: marklolar@bellsouth.net
email: Timw@circlechristianschool.org

Girls' Basketball (Grades 5-8)

Coach: Kerri Attaway & Eric Gassman
Season: November – January 2010
First practice: TBD
Practice location: Killarney Baptist Church
Practice days: Tues/Th
First Regular season playing date: TBD by league
Number of Contests: TBD by league

email: klattaway@yahoo.com and edgassman@yahoo.com

Spring



MS Sports

Boys' & Girls' Tennis (Grades 6-8)

Coach: Cathy Godlewski

Season: February – April 2010

First practice: TBD

Practice location: TBD

Practice days: TBD

First Regular season playing date: TBD by league

Number of Contests: TBD by league

email: cathyg777@aol.com

Boys' & Girls' Track & Field (Grades 6-8)

Coach: Debby Henry

Season: January – May 2010

First practice: January 2010

Practice location: Showalter Field

Practice days: M, W & F

First Regular season playing date: TBD by league

Number of Contests: TBD by league

email: debby4@cfl.rr.com

Off-Season Conditioning & Camp Opportunities

Off-Season Conditioning

Athletes in competition throughout the year are encouraged to participate in conditioning as recommended by the Circle coaches. Circle students may also participate in conditioning under the direction of non-Circle coaches in the off-season, however they must get approval from their Circle coach during the season.

Circle athletics offers many opportunities throughout the year. It is our goal to help students maximize their time, talent, and resources by offering a variety of programs. In the meantime, we would like to encourage students to participate in the off-season conditioning that is offered in order to prepare them for try-outs. The students who stay in shape all year get the best results, minimize opportunities for injuries, and have more success in balancing their academics, activities, and fellowship time with others.

I forget those things that are behind me, including all of my personal shortcomings in the area of spiritual disciplines, diet and exercise. I am pressing toward what lies ahead: a bright future filled with health in my spirit, soul, and body. -- Based on Philippians 3:13

I actively strive for health in my spirit, soul, and body. I seek healing whenever needed so that my spirit, soul, and body may be kept blameless. – Based on 1 Thessalonians 5:23-24

I diligently guard my body, because it is the only living sacrifice I have to offer God. But I am even more diligent in guarding my heart because I know out of it flow the issues of life. --Based on Proverbs 4:23

Camp Opportunities

Circle offers Summer Camp opportunities for Elementary and Middle School aged students in Volleyball, Soccer, and Basketball. Non-Circle students are welcome to participate in camp opportunities only.

The purpose of the camps is to promote general fitness, fellowship, develop sport-specific skills, and practice individual skills in an encouraging Christian environment. Here is a list of future summer camps, excluding any winter camps that may also be offered. Please stay tuned to announcements in the CCS Weekly News.

Volleyball Summer Camp:

Who: Girls grades K-8
When: June 2010
Where: Willow Creek Church

Golf Developmental Clinic:

Who: Boys/Girls Grades 5-10
When: March 2010
Where: The Links, Altamonte Springs

Soccer Summer Clinic:

Who: Boys and Girls ages 8-13
When: May 2010
Where: Metro Life Church Field

Basketball Summer Camp:

Who: Boys and Girls K-5th grade
When: June 2010
Where: Willow Creek Church

For more information on current athletic activities, go to Circle Athletics at www.circlechristianschool.org.

Athletic Facility Information (Practice & Game Locations)

Facility	Address	Sport
Airport Lakes Park	7098 Shadowridge Dr Orlando, FL 32812	Girls' Soccer
Blue Jacket Park	2501 General Rees Ave., Winter Park, FL 32730	Cross Country
Central Winds Park	1126 East State Road 434 Winter Sprgs, Fl 32708	Soccer
Colonial Lanes Bowling Alley	400 N Primrose Dr., Orlando, FL 32803	Bowling
First United Methodist Church Winter Park	125 N Interlachen Ave, Winter Park, FL 32789	Basketball
Glenridge Middle School	2900 Upper Park Rd. Orlando, FL 32814	Basketball
Ft. Gatlin Tennis Center	Orlando	Tennis
Killarney Baptist Church	701 Formosa Avenue Winter Park, FL 32789	Volleyball
Lake Orlando Golf Course	4224 Club House Rd Orlando, FL 32808	Golf
Lee Middle School	1201 Maury Road Orlando, FL 32804	Basketball
Metro Life Church	910 S Winter Park Dr Casselberry, FL 32707	Soccer
Rollins College	1000 Holt Ave. Winter Park, FL 32789	Basketball
Sanlando Park	436 Meander Dr N, Altamonte Springs, FL 32714	Tennis Cross-Country
RDV	Maitland, Fl	Swimming
Showalter Field (Winter Park HS Track)	2525 Cady Way Winter Park, FL 32792	Track & Field
Tuskawilla Country Club	1500 Winter Sprgs Blvd., Winter Sprgs, FL 32708	Swimming
Willow Creek Church	4725 E Lake Dr, Winter Sprgs, FL 32708	Basketball

DIRECTIONS

Throughout the season, there may be events scheduled at additional facilities. Typically, every school has a website where you can find the school address and directions. Use the following web address to locate directions from where you will be traveling: www.googlemaps.com. If you get lost, use your contact list from the Team Manager / Coach in each sport to contact someone who may be going there.

WEATHER

In the event of inclement weather, the head coach will make a decision concerning the cancellation of practices or home games and notify the team manager of those teams. It is recommended that the team managers establish a phone tree for quickly notifying athletes and parents of the decision.

Athletic Awards & Recognition

Individual & Team Awards

As athletes participate in Circle sports, they will have opportunities to earn recognition through many competitions. They may receive individual awards as well as team awards. All athletes may keep any individual awards they may receive. However, the team awards are displayed in the Circle office to honor all participants of that team and remain the property of Circle. Your legacy remains for others to appreciate!

Pictures of Participants

At the beginning of each seasonal sport, a professional photographer is scheduled by the team manager or a parent volunteer to take individual and team pictures. You have the option to purchase pictures, but are not required to do so. Circle uses the same photographer for all sports in order to acquire the best price for you. Many parents choose to take pictures and video with their own cameras during competitions. It is common for an athlete and/or parent to create website links to those pictures during the season. Please provide a link and/or copy to safeacademics@circleschoolchristianschool.org when doing so. Some parents have created DVDs for the team with pictures and video clips. Please provide a copy for the Circle Athletic Office as well so we may share in your success and keep a record of the season with you. We encourage your involvement, though it is optional. Pictures serve as a great memory and way to share your story with others.

Senior Night

During the season, there may be opportunities and volunteers to help recognize our senior team athletes. It has become tradition to designate a 'Senior Night' to honor the senior athletes at half-time of a final game or have a celebration before or after a designated competition. Let the coach know if you are able to volunteer. If you have questions about what to do or how to celebrate, the team managers are great resources for you.

FHSAA District, Regional, and State Competitions

All FHSAA sports have pre-scheduled District, Regional, and State competitions. The guidelines in order to qualify for those events are designated on the www.fhsaa.org website. All athletes are required to participate in a minimum number of competitions to qualify for District competition. Placement in Districts will determine participation in Regional competition, as it is to qualify into the State Finals.

Out-of-Town Competitions (Qualifiers)

Some Circle sports require out-of-town competitions and possibly out-of-state competitions if qualified. It is an honor for students to compete at these levels, but it is also at the families' expense, unless fundraising covers the expenses. All FHSAA and Circle policies apply for out-of-town competitions as they would for local competitions. The Circle Athletic Office needs to be aware of all competitions for Circle athletes.

Spring Athletic Awards Dessert

Circle families are invited to the Annual Athletic Awards Dessert in May. The purpose of this event is to recognize and honor our high school athletes who participate and compete through the year. We award a select group of athletes designated by the coaches, who display high standards of excellence in practice and competitions. At this event, we also acknowledge the participation of middle school athletes. If a middle school athlete competes in the FHSAA competitions, he/she is also eligible for the Circle awards. The awards include Man of Valor, Lady of Valor, Total Release, Mighty in Spirit, Coaches' Choice, and the Centurion Award (given only to a HS senior). The awarded athletes are specifically recognized and presented with a trophy by their coach on-stage. This is a 2.5 hour awards event with dessert and fellowship.

FHSAA Academic Champion Award Recognition

The FHSAA recognizes Florida athletes for their academic excellence as a team. Circle's Director of Education and Ads work together to compile and submit each high school teams' GPAs, in order for them to be considered for recognition. These award announcements are celebrated in the Weekly CCS News and at the Athletic Dessert.

Fundraisers & Centurion Booster Club

Fundraising

Circle Christian School encourages fundraising in athletics to help support the costs of operation. Each season we ask students and parents, if possible, to help their teams do at least one fundraising activity to support the costs of facility rental, new equipment, competition fees, new uniforms every 3-5 years, and the various additional costs that may not be covered by your participant fees or donations to the Booster Club.

All fundraising must be approved by the Athletic Director and the program development director. Students may not hold fundraisers to pay for items that they will keep or are not reusable. Many fundraising events may also serve as community service hours for high school students, in which case, the Athletic Director needs to be advised in order for the athlete to receive a letter indicating the amount of hours served.

Centurion Booster Club

The Centurion Booster Club is a unique partnership of parents, instructors, coaches, students, alumni, interested individuals and organizations, and community leaders working together to promote excellence and to enhance extracurricular opportunities through the academic, artistic, and athletic endeavors of Circle students. The mission is to create an environment that encourages excellence while enhancing opportunities for future growth and development. The objectives of the Centurion Booster Club are as follows:

1. To fund and organize the financial support necessary to maintain and expand student opportunities.
2. To promote interest in extracurricular activities and increase school spirit.
3. To enhance communication regarding opportunities, events, and accomplishments.
4. To broaden and deepen the interpersonal relationships of all participants.

In 2007 – 2008 our Booster Club donated \$31,000 to help fund arts, athletics, and academic programs at Circle. Please review the athletic wish list on the next page. Maybe your family, your business or someone you know could donate an item or make a monetary contribution.

There are various levels of club membership, designated by the amount of money donated. Listed below are the various **levels of sponsorship** as follows:

\$ 50.00	Circle Family	\$ 1,000.00	Gold
\$ 100.00	Circle Corporate Family	\$ 2,500.00	Platinum
\$ 250.00	Bronze	\$ 5,000.00	Diamond
\$ 500.00	Silver	\$ 10,000.00	Centurion

Centurion Booster Club members participate in meetings every six weeks to distribute funds, taking into the consideration the needs and requests of donors, athletic staff, Arts Department of Circle Christian School. The success of the Centurion Booster Club is based solely on membership participation, so all Circle families are invited and encouraged to participate. Visit our website (click on Booster Club) to see how you can get involved or make a donation. We thank you in advance for your generous donations.

The **Centurion Booster Club** is “Promoting excellence today, creating opportunities tomorrow!”

Athletic Wish List & Website Information

Athletic Wish List for 2009 - 2010

The following items are 'wish list' needs for the 2009 – 2010 athletic year and the cost of providing them:

EZ up tent for swim team	\$ 150.00
Expenses for State Series contests for teams advancing	\$ 1,000.00
Trophies for Athletic Awards Dessert in the Spring	\$ 1,000.00
Warm-ups for G & B soccer	\$ 2000.00
Pool rental for swim team	\$ 1,500.00
“Coaches in need” fuel and appreciation fun	\$ 1,500.00
“Athletes in need” scholarship fund	\$ 1,500.00
Tennis travel team expenses to SE FL tournament	\$ 1,500.00
Training equipment for teams (medicine balls, agility rope ladders, spike trainers)	\$ 2,500.00
Soccer field rental costs	\$ 3,000.00
Sports equipment transport trailer	\$ 5,000.00
Gym rental costs	\$ 20,000.00
Property for Sporting events (fields, gym, track, pool)	\$ 6 MILLION

Website Information

The Circle website can be located at www.circlechristianschool.org. Our goal is to keep the website updated as a resource for your enjoyment and for those who visit on-line. Athletics has its own link with information not only shared in this handbook, but seasonal information including competition updates and records.

The athletic staff will post the most updated information in upcoming meetings, up-coming competitions, and results in the Athletic section of the Weekly CCS News. You may subscribe to receive the updates via e-mail or you may access them on the school website. If you have any questions about the website, we encourage you to e-mail timothyw@circlechristianschool.org.

FHSAA sanctioned sports provides additional information on www.fhsaa.org. There are a list FHSAA rules, competitions, reminders, and important information for coaches and athletes. There are also additional links that may be helpful for you to learn more about our participation in the FHSAA.

Florida Runners.com provides a website link at www.flrunners.org for information regarding cross country and track and field competitions, results, and articles of interest. It's a great way to check out what's happening in these sports. Circle Cross Country and Track & Field athletes are able to create a profile on this website in order to track a record of their performances.

FHSAA Rules, CCS Dress Code & Participants' Responsibilities

FHSAA Rules

Circle has been a member of the Florida High School Activities Association since the 2001-02 school year. FHSAA is the largest governing body that sanctions sports events in Florida. As a member, Circle is obligated to fulfill all policies and requirements of the association. Student athletes must maintain satisfactory grades and other eligibility requirements as put forth by FHSAA. FHSAA requires the following forms: pre-participation physical evaluation, consent and release from liability, and an affidavit of compliance with policy on athletic recruiting to be filled out by every athlete competing on the varsity level.

- A. I understand that my athlete may not compete in any tryouts, practices or competition until a pre-participation physical evaluation, consent and release from liability, and an affidavit of compliance with policy on athletic recruiting to be filled is on file in the Athletic Department.
- B. I understand that my athletes' physical is valid for 365 days.

Athletic Department Dress Code

Just as the school is the center for learning and academics and students are expected to dress in a Christian manner, so is the athletic arena a place in which students are to continue to dress in a manner that is consistent with Circle standards. To insure that all athletes are able to focus solely on their sport without unnecessary distractions by the wearing of inappropriate clothing, the CCS Athletic Department has instituted the following policies.

The athletic dress code is in effect while the athlete is attending practice or is a part of an official CCS sporting event. Official CCS Team Uniforms have received prior approval from the Athletic Department. The team uniforms are only to be worn in competitions. Practice gear is as follows:

1. For sports in which shorts are worn to practice, standard length athletic shorts are acceptable with the exception when the athlete is required to perform stretching maneuvers compromising modesty. In this case, athletes are required to wear "sliders" or "bike shorts" under their shorts.
2. Shirts are required at all times by all athletes. Tank tops are acceptable and should be 2 inch width straps. Women's athletic sports bra tops should be covered by a T-shirt or tank top.
3. Occasionally, sliders or bike shorts are necessary when uniforms ordered do not provide adequate coverage. This is up to the discretion of either the Coach or Athletic Department.
4. CCS uniform is not to be altered in any way; shorts are not to be rolled up or tops altered.

Athletic Department Uniform Agreement

A Uniform Agreement Form will be distributed with jerseys at the beginning of each season. It is required for each athlete to read, sign, and comply with the following agreements on the form:

- ✓ I agree that the uniform that I have been issued to wear during the season belongs to Circle Christian School.
- ✓ I acknowledge that it is my responsibility to take care of it while it is in my possession.
- ✓ I agree to return it in the same condition that it was issued to me allowing for expected wear due to its use.
- ✓ I agree to read and follow the manufacturers washing and care instructions.
- ✓ If I fail to return the uniform or if it is damaged when returned, I agree that I will pay to have it replaced.
- ✓ I agree to return all pieces that were issued to me to the athletic office seven (7) days after the last competition and in a zip lock bag with the name and contents written on the front.
- ✓ Pay the replacement fee of any uniform piece that is not returned to the Athletic office with 30 days of the last competition. A reminder e-mail will be distributed by the team managers. Athletic office will send the billing.

Payment for Participation (Sports Fees)

All athletic fees may be broken up in three (3) monthly payments. Fall sports fees are due August 15, 2009, September 1, 2009, and October 1, 2009. Winter sports fees are due November 15, 2009, December 1, 2009, and January 1, 2010. Spring sports fees are due February 15, 2010, March 1, 2010, and April 1, 2010. A \$25.00 late fee will be assessed on the 5th of the month. Students may be ruled ineligible to participate in any practices or contests if sports fees are not received by the tenth (10th) day of the following month. In an effort to help with late payments, you can submit your Visa, Master Card, or American Express card number to the athletic office to have your sports fees automatically withdrawn on the 15th/ 1st of each appropriate month. If you choose this option, please complete the Credit Card Auto Deduction Form available online.

Responsibilities of the Coaches

Coaches are expected to set high standards of participation and support for the team. Coaches prepare athletes from various levels of talent and training. It is the coaches' responsibility to prepare the athlete's mind, body, and spirit for competition. Circle's goal, along with the coach's goal, is to provide the best environment for the development of each athlete. Circle coaches are responsible for the following and committed to excellence by:

- ✓ Developing and maintaining strong partnerships with athletic office, team manager, athletes and parents in their sport by establishing clear expectations, communicating frequently, providing expertise, encouragement, and promoting teamwork.
- ✓ Using coaching expertise to promote the athletes' talent and skill development through practices and competitions while providing feedback in a respectful manner.
- ✓ Tracking athletes' progress and results while helping them each develop a game plan for improvement to maximize their opportunities for success in competitions.
- ✓ Giving regular instruction to the Team Manager in order to promote a successful partnership and an effective means of communication throughout the season.
- ✓ Reviewing the season with AD to gather feedback for season improvement and personal improvement. There is no formal review, but this offers the opportunity to determine 'right-fit' for the athletic position at Circle for future seasons.
- ✓ Committing to the following behaviors in the role of a FHSAA Coach at Circle:
 - Submit to a personal background check as required by Circle.
 - Abide by all provisions put forth in the Code of Conduct.
 - Abide by the bylaws, regulations, policies, and procedures of the FHSAA or the applicable sanctioning association.
 - Treat everyone with due respect in victory and defeat, and encourage athletes to act accordingly; treat everyone fairly within the context of the activity.
 - Actively encourage athletes to uphold the rules of their sport and the spirit of such rules.
 - Respect the athlete's dignity; verbal or physical behaviors that constitute harassment or abuse are unacceptable.
 - Consider the athlete's health and well being as foremost when making decisions regarding an injured athlete's ability to continue playing or training.
 - Never advocate or condone the use of drugs or other banned performance enhancing substances.
 - Never advocate or condone the use of alcohol or tobacco.
 - Regularly communicate with and follow the directives of Circle's Athletic Department.
 - Take responsibility to return all equipment and any other property owned by Circle at the season's end.
 - Never accept any form of payment, forms, or anything else that is to be submitted to the Athletic Department. The Team Manager or AD will take care of this responsibility.
 -

Responsibilities of the Parents

Parents are an essential ingredient in the encouragement and support of athletes and teams. However, parents and family members should not communicate with the athlete concerning specific instructions related to their performance during games, meets, or official athletic competition. They are allowed to take pictures and video from a spectator area, but it is against FHSAA regulations to show those pictures and videos to athletes during competitions. Parents are strongly encouraged to reinforce the principles of Ephesian 4:29 “Do not let any unwholesome talk come out of your mouth, but only what is good for building others up according to their needs that it may benefit those who listen.” Consistently focusing on and modeling this principle will be a tremendous asset to the athletes, teams, and coaches. We are to serve as role models for young adults; God calls us to stand strong and run the race of obedience to Him.

Responsibilities of the Athletes

Athletes are expected to uphold high standards of participation and the support of his/her team. Everyone joins a team at different levels of talent and training. It is the athletes' responsibility to prepare their mind, body, and spirit for competition by contributing their time and talent. Our goal is to provide the best environment for their development; athletes' make the commitment to:

- A. Be a responsible student-athlete who does not compromise the goal of academic progress with participation in athletics. Academics and athletics must be carefully balanced. *See Policy on Academic Standing
- B. Be a role model for others in conduct, attitude, and character. *See Policy on Disciplinary Action
- C. Be responsible for notifying teachers at the beginning of the semester of anticipated absences due to games and discuss make-up procedures for missed assignments or tests.
- D. Agree to accountability to the designated Circle coach while in season. See Policy on In-season Coaching
- E. Work well with others. The athlete must learn to develop self-discipline, respect for authority, and the spirit of hard work and sacrifice. The team and its objectives must be placed above personal desires.
- F. Strive for success. The athlete must learn how to compete. Athletes do not always win but will succeed when they continually strive to do so. They learn to accept defeat only by striving to win with earnest dedication. Athletes should develop a desire to be the best they can be!
- G. Demonstrate good sportsmanship. Athletes should accept defeat like a true sports person, knowing they have done their best. Athletes must learn to treat others as they would have them treat them and learn to develop desirable social traits, including emotional control, honesty, cooperation, and dependability.
- H. Focus on improvement. Continual improvement is essential to good citizenship. An athlete must establish a goal and constantly try to reach that goal. Athletes try to better themselves with the skills involved and those characteristics set forth as being desirable.
- I. Enjoy the game. It is necessary for the athletes to enjoy participation, to acknowledge all of the personal rewards to be derived from athletics, and to give sufficiently of themselves in order to preserve and improve the program.
- J. Develop healthy habits. It is important to obtain a degree of physical fitness through exercise and good health habits and to develop the desire to maintain physical fitness after formal fitness has been completed.
- K. Earn playing time. The nature of athletics and competition means that coaches try to put the best team on our court or field. It is the coach's job to decide who the most qualified players are, so the team will have its best chance for success.
- L. Attend all practices and games. The athlete must attend all practices and games unless excused by the coach for illness or emergencies beyond the student's control. Please schedule vacations prior to the sports season.

Athletic Department Behavior & Discipline Policies

Good Sportsmanship Behavior Code

Good Sportsmanship is expected from everyone. The coaches, players, and fans are expected to represent Circle Christian School with dignity and to be held accountable to that standard. Certain behaviors are considered inappropriate and unacceptable by Circle. The School and Athletic Department have the right to remove or refuse admission to persons who exhibit the following behaviors:

- A. Berating, humiliating, or taunting of coaches, players, officials, and / or spectators.
- B. Racist, sexist, or profane remarks directed at any coach, player, spectator, or official.

Student Policy on Points (demerits) accrued for Athletes In-Season

Behavior resulting in a student-athlete receiving a Disciplinary Action Form is a reflection of poor conduct for an athlete. Disciplinary action for the student will consequently occur for sports activities and will be administered through the Athletic Department according to Athletic Policies.

If an athlete accumulates six points per semester on CCS Disciplinary Action Form, the athlete will be suspended for one game minimum with additional game suspension at the coach's discretion. The game will be the next scheduled game from the date the action is taken. Upon receiving six additional points, the athlete will then be suspended for three games immediately following the date action taken. This will include post season play in the FHSAA state series contests.

Student Policy on Athletes and In-Season Coaching

All CCS athletes are encouraged, with the advice, knowledge, and consultation of their CCS coach and staff, to work in their off seasons on their strength, conditioning, and to improve their skills in their sport or event. This may include working with individuals not affiliated with CCS.

However, during the official FHSAA season for the sport, no athlete shall consult with or receive advice regarding his/her athletic performance or sport from any non-family member who is not a CCS coach or staff, unless authorized by the coach.

Parents and family are encouraged to be proactive in their support of the athlete and his/her improvement in the sport. However, even parents and family members shall not communicate with the athletes concerning specific instruction related to their performance during games, meets, or official athletic competition. Violation of this policy may result in the athlete being disciplined in the discretion of the CCS head coach and may include the athlete being immediately suspended from the team. If the athlete has been suspended, the CCS head coach and Athletic Director, after discussion with the athlete and family, shall decide whether the athlete is reinstated or dismissed from the team.

Student Policy on Academic Standing

Per FHSAA Bylaw 11.2.1, a student must have a cumulative high school grade point average of 2.0 or above on a 4.0 unweighted scale, or its equivalent, in all courses taken, at the conclusion of each semester to be eligible during the following semester. Athletic activities will not be allowed to compromise the primary goal of continued academic progress. Therefore, it is the responsibility of each student and parent to carefully balance the dual commitments of academics and sports activities. If an athlete receives a grade lower than 2.0 in more than one class on a monthly report, the Athletic Department will notify the parent.

Circle Christian School Athletics

Frequently Asked Questions

Q. How do I get involved in Circle Athletics?

A. Attend the Athletic Information Meeting (Fall) and meet the eligibility requirements in this handbook.

Q. Why do the sports fees vary so much for each sport?

A. Sports fees cover facility rental, equipment, staff compensation, entry fees, FHSAA participation, and the needs presented by the coaches. Sports that do not require a facility are generally less costly.

Q. Where can I find more information regarding upcoming events and meetings?

A. The most current information is available in the Weekly CCS News. Additional information is located on the school website and in this handbook. Further questions can be answered by the athletic staff.

Q. Can athletes participate in more than one sport at the same time?

A. Yes. Athletes may compete in two Circle sports simultaneously or with overlapping seasons.

Q. Who will keep me informed throughout the season regarding changes that occur?

A. Team Managers are parent volunteers who assist the coaching team with communication and coordination of events. The TMs are the communication liaison for the Circle Athletic Team.

Q. How do I donate money to help pay for equipment or new uniforms?

A. We welcome your tax-deductible donations to the Booster Club, payable to Circle Christian School. These donations may be designated for a specific reason and to a specific sport by request, based upon approval of the Booster club. For more information, contact Lisa Tipton, Athletic Director.

Q. Who is eligible to be selected to the Varsity teams?

A. Athletes in grades 6 – 12 may participate in FHSAA sports if they are selected for the team based on their talents determined in try-outs. Some sports only have a varsity team in which to participate.

Q. Are Circle athletes eligible to receive athletic scholarships for college?

A. Yes. Many Circle students have received college athletic scholarships based upon their performance in contests, academics, and the availability of scholarships to the colleges of his/her choice.

Q. Do I have to be enrolled in Circle to participate in Circle sports?

A. Yes. You are required to be enrolled in CCS, but not required to be in any Circle classes. Athletes may not participate on sports teams for another school, but may participate in outside ACYS programs.

Q. Do athletes receive a varsity letter and/or letter jacket for their achievements?

A. No. However, if a parent would like to purchase a letter jacket and varsity letter that was earned, they may do so. Circle does not have the funds available to purchase those for all varsity athletes.

Q. Are athletes required to return their uniforms at the end of each season?

A. Yes. Athletes are required to return their uniforms in good condition at the end of the season. The Team Managers will assist with this process. The cost of any uniforms not returned will be billed to the family.

Q. Are there more opportunities for elementary and middle school students coming?

A. Yes. Timothy Werner is developing more opportunities for middle school athletes, but many will also include younger grades. There are also youth team sports opportunities available through ACYS (Association of Christian Youth Sports). Go to its website at www.acys.org.

Student / Parent Athletic Handbook Agreement Checklist

Family Name: _____

Athlete's Name: _____ Sport: _____

By signing my initials below, I _____ am indicating that I have read, understand, and will comply with the information stated in the Student/Parent Athletic Handbook for Circle Christian School. I, _____ understand by responsibilities as an athlete. I, _____ understand my responsibilities as a parent. I will also sign and return the required forms to the Circle office before I am eligible to participate in practices/games.

A parent and participating athlete need to initial the following:

Athletic Department Uniform Agreement _____ **initial** _____ **date**

Athletic Department Dress Code _____ **initial** _____ **date**

Parents' Responsibility _____ **initial** _____ **date**

Athlete's Responsibility _____ **initial** _____ **date**

Responsibilities of Good Sportsmanship _____ **initial** _____ **date**

Policy on Pts. (demerits) for Athletes In-Season _____ **initial** _____ **date**

Policy on Athletes and In-Season Coaching _____ **initial** _____ **date**

Policy on Academic Standing _____ **initial** _____ **date**

Attach the following forms with this checklist and turn into Athletic Office:

FHSAA Pre-participation Physical Evaluation _____ **initial** _____ **date**

FHSAA Consent & Release from Liability Certificate _____ **initial** _____ **date**

Emergency Medical Authorization/Liability Release Forms (2) _____ **initial** _____ **date**

FHSAA Affidavit of Compliance with Policy on Athletic Recruiting (for newly enrolled HS students only) _____ **initial** _____ **date**

Emergency Medical Authorization/Liability Release _____ **initial** _____ **date**

Payment of Sports Fee _____ **initial** _____ **date**

Signature: _____ **Date:** _____